



BLACK SABLE RISK™

Protect your People

Heatwave & El Niño People Preparedness

Hotter, drier conditions and extreme heat from the current heatwave and expected El Niño conditions can significantly increase risks to people, including heat stress, dehydration, fatigue, fire exposure, reduced concentration, and operational safety incidents.

Key People Risks



Heat Stress
High temperatures can quickly overwhelm the body and reduce safe work capacity.



Dehydration
Heat increases water loss, causing weakness, headaches and poor judgement.



Sun Exposure
Prolonged exposure can lead to sunburn, heat exhaustion and illness.



Fatigue & Reduced Concentration
Extreme heat lowers alertness and increases the chance of errors and incidents.



Fire & Emergency Exposure
Hot, dry conditions increase fire risk and can place staff and occupants in danger.



Vulnerable Persons
Outdoor workers, older persons, children and unwell individuals are more at risk during extreme heat.

What You Can Do

- ✓ Provide drinking water and encourage regular hydration.
- ✓ Adjust work schedules to avoid peak heat where possible.
- ✓ Use shaded, ventilated or cooled rest areas.
- ✓ Train staff to recognise heat stress and heat stroke symptoms.
- ✓ Check on vulnerable workers, visitors and occupants regularly.
- ✓ Act early when signs of heat illness appear.



www.blacksablerisk.com

Protect your Property, your People and your Profits.